



Partnership

TENA Solutions: A case study Nursing home, Barcelona, Spain

“Thanks to TENA’s recommendations and products, there has been a 78% improvement in skin conditions”

– Geroinnova Barcelona,
Spain, Nursing home

TENA assists in implementing an individualized care program and the results are impactful at resident care and operational levels.

Background

A large nursing home has many workers and high rotation. Workload is high and there must be good organisation.

The nursing home management is aware of this and strives to apply effective methodologies and provide the necessary protocols and routines to the staff for good incontinence management.

They strive to offer their employees the necessary training and at all times provide the best service to the residents.

The nursing home management is aware that the use of good products and protocols is important for resident welfare and training.

TENA could provide the solutions needed.

Recommended changes

- Promote work methodologies focused on pad selection to ensure use of appropriate product
- Promote training to raise awareness about the importance of using the correct size for each absorption case
- Schedule changes and change hygiene routines
- Promote correct use of the products
- On request from the management, we prepared Hygiene Kits for each nurse, with dispensing packages that control consumption and prevent infections
- Make charts to show the pattern of each resident





| | Resident well-being | Working atmosphere | Budget | Environment |
|---------------|---|---|---|-------------------------|
| Before | Changes per day 3.9 Changes per night 0 Number of interventions 3.9 Healthy skin 15 Sensitive 6 Broken/damaged 3 | 11.7 minutes per resident over 24 hours. | Additional laundry and staff time were incurred as a result of frequent leakages and laundry. | 3837 kg |
| After | Changes per day 2.7 Changes per night 0 Number of interventions 2.7 (31% time saving) Healthy skin 23 Sensitive 2 Broken/damaged 0 | 8.10 minutes per resident over 24 hours. A saving of 3.6 minutes of staff time per resident and day. | 89% reduction in laundry loads. Less consumption of skincare products. | 2078 kg (saving of 46%) |

Key benefits

The implementation of good practices resulted in the following benefits for the centre:

- Improved routines and time savings
- Considerable skin improvements
- Better rest for residents. An uninterrupted night's sleep
- Knowledge about resident care
- Spectacular leakage reduction, meaning an increase in comfort for the resident

About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

