



# Partnership

## TENA Solutions: A case study Care Home, UK

“Thanks to TENA recommendations, the residents experienced a 42% reduction in pad changes”

– Major Care Home Group  
in the UK

**TENA assists in implementing an individualised care program and the results are impactful at resident care and operational levels.**

### Background

TENA was contacted by the clinical leads of the group and asked to run a large evaluation study to show improvements in care outcomes across a group of homes with differing resident needs.

- Main objective was clinical outcomes, any cost savings would be a secondary benefit
- Clinical leads wanted to raise the profile of their trained staff

### Recommended changes

- TENA instilled the value of using the right size product and correct sizing protocols to ensure the product is best suited for a body-close fit to the resident
- TENA discussed the benefits of individualised care for each and every resident. Following assessment of the residents, the most appropriate product for that particular resident was chosen
- TENA trained at the care staff level and gave recommendations around skincare



	Resident well-being	Working atmosphere	Budget	Environment
<b>Before</b>	32 minutes per resident over 24 hours	Changes by day: 6.9 Number of Interventions: 6.9	Additional laundry and staff time were incurred as a result of leakages	Waste: 142 bags
<b>After</b>	11 minutes per resident over 24 hours A saving of 21 mins of staff time every day	Changes by day: 3.5 Number of Interventions: 3.5 A 66% time saving	2% reduction in laundry loads	Waste: 70 bags 51% reduction

## Key benefits

The key benefits this home received through implementing best practices were:

- Better resident well-being with uninterrupted sleep. TENA's experienced assistance enabled the home to address the need for a good night's sleep, best achieved through correct product sizing and absorbency resulting in fewer leakages, specifically at night.
- The care home staff has a more positive outlook on continence care management due to increased knowledge and understanding through the education provided by TENA.
- Residents are more comfortable and have less skin irritation. Although the number of pad changes was reduced, this did not have a negative impact on skin condition.

## About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

