



# Partnership

## TENA Solutions: A case study Nursing home, France

“Through TENA  
recommendations, the staff spent  
50% less time on pad changing.”

– Les Jardins de la Garenne,  
France

**TENA assists in implementing an individualized care program and the results are impactful at the resident care & operational levels.**

### Background

The president of the nursing home was motivated to try another incontinence care provider as she felt that leakages and time spent on pad changing could be reduced. Poor communication between day and night staff was another reason why clear routines from a professional and experience incontinence care provider were needed.

### Recommended changes

- TENA recommended new care routines for evening and night changes. The 5 pm pad changing had a lower absorption to last until 9 pm instead of the whole night. Then, new pads with a higher absorption level were used at the beginning of the night so that no more changing was required until the morning.
- These new care routines resulted in fewer leakages and an improved night's sleep for the residents. It also enabled the night staff, with no pad changing at the beginning of their shift, to have more quality time with residents when putting them to bed.
- TENA implemented an individualized care program in order to give to each resident the right product, with the right absorption level, at the right time. Residents requiring night pad changing were identified and benefited from an appropriate pad changing at the beginning of the night. Residents asking for early changes were the first ones to be changed according to the new planning routines.
- TENA introduced a whole skincare product range and associated routines to improve resident well-being. The use of TENA Wash Cream considerably improved the quality of skincare and at the end of the period, all the NH staff admitted that resident comfort and dignity had been enhanced.



	Resident well-being	Working atmosphere	Budget	Environment
<b>Before</b>	Healthy skin: 8 Sensitive: 3 Broken/damaged: 3 Night interventions due to leakages	Number of Interventions: 2.1	Costs per resident per day: Laundry: 1.60€ Waste: 0.34 €	Consumption per day Laundry: 249kg Waste: 191kg
<b>After</b>	Healthy skin: 11 Sensitive: 2 Broken/damaged: 1 Skin status improvements 50% Better night's sleep through a reduction of leakages	Number of Interventions: 1.8 14% fewer interventions 100% of the caregivers satisfied with TENA products	18% reduction in laundry costs. 15% reduction in waste management costs 50% more staff time (related to changes). No more consumption of underpads	Consumption per day Laundry: 204kg Waste: 163kg Reduced environmental impact

## Key benefits

The key benefits that this home received through implementing best practices were:

- Improved working atmosphere, especially through better coordination between night and day staff
- Individualized approach for improved resident care
- Better resident well-being with uninterrupted sleep. TENA's experienced assistance enabled the home to address the need of a good nights' sleep, which was best achieved through correct product absorption levels and sizing resulting in fewer leakages, specifically at night
- Residents are more comfortable and have fewer skin irritations

## About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

