



## Skin Integrity

TENA® Support Series  
#2

# Skin health

Dedicated to promoting skin care and health

At TENA®, our goal is to help you promote and maintain healthy skin for your residents by offering you and your staff a range of specialized skincare and continence care products.



Together we make a difference

# Skin Integrity Basics

## Introduction

Your residents who experience incontinence may be at a higher risk for skin breakdown due to excess moisture on the skin. Choosing products that offer effective absorption and proper fit, as well as good preventative personal skin care, can help your staff reduce incontinence related skin breakdown that puts your residents at risk.

## Structure of the skin

Skin is the largest organ in the human body, and serves as a protector to underlying muscles, bones, and organs. It also maintains correct body temperature and provides a barrier from infections. As your residents get older, their skin structure changes. This makes them more vulnerable to regular frequent soap based cleansing products that may be too harsh for their fragile skin.

## Incontinence Associated Dermatitis

For some residents, incontinence can lead to excessive moisture against the skin as well as prolonged exposure to urine and feces. Without the proper products, this skin irritation can cause Incontinence Associated Dermatitis (IAD). Having IAD increases the risk of damaging the skin's integrity due to increased exposure to friction and bacteria.



### TENA® Key Solution

#### TENA® Stretch Super Brief

maximum protection for nighttime or extended wear, stretch sides and hook fasteners ensure a secure fit

#67902 (M/R)  
#67903 (L/XL)



#### TENA® Body Wash & Shampoo

mild, dual-purpose cleansing gel and conditioning shampoo designed for fragile skin and hair

#64353 (.17 fl. oz.)  
#64333 - SF (.17 fl. oz.)  
#64363 (16.9 fl. oz.)  
#64408 (33.8 fl. oz.) COMING SOON  
#64343 - SF (33.8 fl. oz.)



#### TENA® Ultra Washcloths

soft, pre-moistened washcloths for fast, gentle, and effective skin cleansing

#65721 Ultra (5 count)  
#65720 Ultra (48 count)  
#65723 Ultra - SF (5 count)  
#65722 Ultra - SF (48 count)



*"TENA® Cleansing Cream is easy to use and makes (the) Residents' skin smooth."* Care Home Staff, Maryland Nursing Home, United States

# Promoting Skin Health

## Moisture-Associated Skin Damage

Moisture-Associated Skin Damage (MASD) is a result of skin damage caused by moisture rather than pressure. It is triggered by sustained exposure to moisture which can be caused, for example, by incontinence, wound exudate and perspiration.

## Avoid IAD and MASD

Early signs of IAD include redness of the skin, followed by a rash on the buttocks and backs of the legs. Without proper care, skin with IAD and MASD can also become crusty with discharge. High quality TENA® absorbent products quickly wick moisture away from skin and lock it into the absorbent core so that skin stays dry. TENA® Skincare complements the absorbent range by cleaning, moisturizing, and protecting vulnerable skin to help minimize the occurrence of IAD and MASD.

## Maintain skin integrity

Early detection is key when it comes to maintaining skin health. Best practices for your staff include: checking the resident's skin each time an absorbent product is changed, using cleansers designed for perineal care instead of soap and water (which dries out skin), and using high-quality absorbent products that fit comfortably and close against the body.

**Let TENA® be your guide to the right solutions for your residents and staff**

**Call 1.866.722.6659 today  
or visit [www.TENAProfessionals.us](http://www.TENAProfessionals.us)**



### TENA® Key Solution

#### TENA® Protective Cream

extra soothing that is ideal for chapped skin and sensitive skin

#64403 (.17 fl. oz.)  
#64401 (3.4 fl. oz.)



#### TENA® Cleansing Cream

3-in-1 formula promotes skin health by gently cleansing, moisturizing and soothing vulnerable skin

#64420 (.17 fl. oz.)  
#64405 - SF (.17 fl. oz.)  
#64425 (8.5 fl. oz.)  
#64410 - SF (8.5 fl. oz.)  
#64430 (16.9 fl. oz.)  
#64435 (33.8 fl. oz.)  
#64415 - SF (33.8 fl. oz.)



See back cover for full range of skin integrity solutions by TENA®

SOLUTION	ORDER #	SOLUTION	ORDER #		
	<b>TENA® Stretch Super Brief</b> maximum protection for nighttime or extended wear, stretch sides and hook fasteners ensure a secure fit	67902 (M/R) 67903 (L/XL)		<b>TENA® Serenity® Moderate Thin Long</b> revolutionary core provides same protection as thicker pads but with a thinner, more comfortable design	52070
	<b>TENA® Stretch Ultra Brief</b> moderate to heavier bladder and/or bowel incontinence, stretch sides and hook fasteners ensure a secure fit	67802 (M/R) 67803 (L/XL)		<b>TENA® InstaDri Air™ Underpads</b> breathable film helps prevent skin breakdown and wicks fluid away to help keep skin dry and comfortable	359 360
	<b>TENA® Classic Protective Underwear</b> designed for everyday use and frequent changing, provides moderate to heavy protection with full coverage	72513 (M) 72514 (L) 72516 (XL) 72517 (2XL)		<b>TENA® Bathing Glove</b> soft, pre-moistened wash gloves provide comfort and convenience for daily body cleansing <b>available in fresh scent or scent free formulas</b>	<span style="border: 1px solid red; border-radius: 50%; padding: 2px;">COMING SOON NOV 2016</span> 65005 65004 - SF
	<b>TENA® Light Pad Overnight</b> for heavy/overnight leakage of more than a few drops, after sudden urge to urinate or leakage when lying down	<span style="border: 1px solid red; border-radius: 50%; padding: 2px;">COMING SOON NOV 2016</span> 47809		<b>TENA® Cleansing Cream</b> 3-in-1 formula promotes skin health by gently cleansing, moisturizing and soothing vulnerable skin <b>available in fresh scent or scent free formulas</b>	64420 64405 - SF (.17 fl. oz.) 64425 64410 - SF (8.5 fl. oz.) 64430 (16.9 fl. oz.) 64435 64415 - SF (33.8 fl. oz.)
	<b>TENA® Light Pad Ultimate</b> for moderate to heavy urine leakage; long and wide, with a shape that follows the body's natural contours	<span style="border: 1px solid red; border-radius: 50%; padding: 2px;">COMING SOON NOV 2016</span> 47709		<b>TENA® Ultra Washcloths</b> soft, pre-moistened washcloths for fast, gentle, and effective skin cleansing <b>available in fresh scent or scent free formulas</b>	65721 65723 - SF (5 count) 65720 65722 - SF (48 count)
	<b>TENA® Day Light Pad</b> for moderate urine and/or fecal leakage protection; discreet, body-close fit when worn with TENA® Comfort Pants	<span style="border: 1px solid red; border-radius: 50%; padding: 2px;">COMING SOON NOV 2016</span> 62326		<b>TENA® Body Wash &amp; Shampoo</b> mild, dual-purpose cleansing gel and conditioning shampoo for fragile skin and hair <b>available in fresh scent or scent free formulas</b>	64353 64333 - SF (.17 fl. oz.) 64363 (16.9 fl. oz.) 64408* 64343 - SF (33.8 fl. oz.)
	<b>TENA® Comfort Pant</b> washable, reusable pants made from lightweight, airy fabric keeps pads securely in place	36066 (2XL/3XL) 64244 (Bariatric)		<b>TENA® Protective Cream</b> extra soothing that is ideal for chapped skin and sensitive skin	64403 (.17 fl. oz.) 64401 (3.4 fl. oz.)

\*COMING SOON – NOV 2016

For more information, call your TENA® Representative or contact us:  
1.866.722.6659 | [scaorders@sca.com](mailto:scaorders@sca.com) | [www.TENAProfessionals.us](http://www.TENAProfessionals.us)



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

