



Partnership

TENA Solutions: A case study Care Home, USA

“Through TENA
recommendations the residents
experienced a 43% improvement
in overall skin status”

– Care home, USA

TENA improves residents’ night-time sleep and helps care home avoid further citations.

Background

The President of the Nursing Services was motivated to make a switch to another incontinence care provider as she felt that the chain lacked individualized care. In addition, this particular home had been cited for not allowing their residents to sleep through the night.

Recommended changes

- Discontinue using soaker pads
- Introduction of draw sheets to help reduce laundry costs
- Individual continence care plans and individually selected products
- Staff training in resident assessment and individual continence care
- Introduction of a more organized stock room system. The lack of inventory control systems had led to staff selecting products based on what they thought would be the most suitable product for the resident
- Staff training in pericare and skincare
- Introduction of TENA Wash Cream to eliminate the need for multiple products



| | Resident well-being | Working atmosphere | Budget | Environment |
|--------|--|---|---|---|
| Before | Leakage day: 27 Leakage night: 69 Healthy skin: 35 Sensitive: 13 Broken/damaged: 4 | Incontinence-related work 93 minutes per resident over 24 hours | Additional laundry and staff time as a result of frequent leakages and laundry | Additional laundry as a result of frequent leakages |
| After | Leakage day: 2 Leakage night: 7 Healthy skin: 46 Sensitive: 5 Broken/damaged: 1 | Incontinence-related work 56 minutes per resident over 24 hours. 37 min of staff time was freed up for more rewarding care every day Changes day: 3.9 Change night: 0 Interventions: 3.9 9% time saving | 30% reduction in laundry loads. 37 minutes of staff time freed up. Lower consumption of skincare products | 30% reduction in laundry loads. Lower product consumption |

Key benefits

The benefits of introducing best-practice routines and individualized continence care were:

- Improved resident well-being
- Uninterrupted night-time sleep
- Considerably less leakage and improved skin health
- More positive and knowledgeable staff. Greater understanding of the possibilities of individual continence care

About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

