

SOLUTION	ORDER #		SOLUTION	ORDER #
 <p><b>TENA® Cleansing Cream</b> 3-in-1 formula promotes skin health by gently cleansing, moisturizing and soothing vulnerable skin available in fresh scent or scent free formulas</p>	<p>64420 64405 - SF (5ml / .17 fl. oz.) 64425 64410 - SF (250ml / 8.5 fl. oz.) 64430 (500ml / 16.9 fl. oz.) 64435 64415 - SF (1000ml / 33.8 fl. oz.)</p>		<p><b>TENA® InstaDri Air™ Underpads</b> breathable film to help prevent skin breakdown and wicks fluid away to help keep skin dry and comfortable</p>	<p>359 360</p>
 <p><b>TENA® Ultra Washcloths</b> soft, pre-moistened wipes for fast, gentle and effective skin cleansing scented</p>	<p>65721 (5 count) 65720 (48 count)</p>		<p><b>TENA® Comfort™ Pad Extra</b> light to maximum protection, with TENA® Knit or Comfort pants provides body-close fit</p>	<p>62321</p>
 <p><b>TENA® Ultra Washcloths</b> alcohol-free, gentle cleansing with chamomile and dimethicone to soothe and protect scent-free</p>	<p>65723 - SF (5 count) 65722 - SF (48 count)</p>		<p><b>TENA® Protective Underwear, Classic</b> designed for moderate protection and everyday use, extra secure for full coverage</p>	<p>72513 72514 72516 72517</p>
 <p><b>TENA® Body Wash &amp; Shampoo</b> designed to cleanse and condition fragile skin and hair available in scented or scent-free formula</p>	<p>64353 64333 - SF (5ml / .17 fl. oz.) 64363 (500ml / 16.9 fl. oz.) 64343 - SF (1000ml / 33.8 fl. oz.)</p>		<p><b>TENA® Stretch Super Brief</b> maximum protection for nighttime or extended wear, stretch sides and hook fasteners ensure a secure fit</p>	<p>67902 (M/R) 67903 (L/XL)</p>
 <p><b>TENA UltraFlush™ Washcloths</b> an adult-sized pre-moistened washcloth that is strong enough for personal cleansing but gentle on pipes in the event of accidental flushing</p>	<p>65726</p>		<p><b>TENA® Comfort™ Day Plus</b> heavy protection with superabsorbent DRY-FAST CORE™ that offers greater security and skin dryness</p>	<p>62620</p>
 <p><b>TENA UltraFlush™ Washcloths 5 count</b> ideal for infection control situations and single use needs</p>	<p>65727</p>		<p><b>TENA® Comfort™ Night Super</b> maximum absorbency for nighttime or extended protection, quickly absorbs fluid for greater security and skin dryness</p>	<p>62630</p>



TENA® Support Series: SKIN INTEGRITY

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Dedicated to promoting skin strength and health.



SKIN INTEGRITY

At TENA®, our goal is to help you promote and maintain healthy skin for your residents by offering you and your staff a range of specialized skin care and incontinence products.

**Call 1.800.510.8023**  
to speak with a TENA® Hygiene Expert today!

Call 1.800.510.8023

to order today or visit [www.tena.ca/english/professionals](http://www.tena.ca/english/professionals)



SCA Care of Life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

SCA Hygiene Products  
1275 North Service Road West, Suite 800  
Oakville, ON L6M 3G4

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# Skin Integrity Basics



## Introduction.

Your residents who experience incontinence may be at a higher risk for skin breakdown due to moisture and pressure against the skin. Choosing products that offer effective absorption and the proper fit can help your staff reduce the excess moisture and leakage that puts your residents at risk.

## Structure of the skin.

Skin is the largest organ in the human body, and serves as a protector to underlying muscles, bones, and organs. It also maintains correct body temperature and provides a barrier from infections. As your residents get older, their skin structure changes. This makes them more vulnerable to regular cleaning products that may be too harsh for their weakened level of protection.

## Incontinence Associated Dermatitis (IAD).

For some residents, incontinence can lead to excessive moisture against the skin as well as prolonged exposure to urine and feces. Without the proper absorption, this skin irritation can cause Incontinence Associated Dermatitis (IAD). Having IAD increases the risk of damaging the skin's integrity due to friction and bacteria.

“Our TENA® rep has been an incredible support from my perspective as an educator and for the front line staff.” Nursing Home Educator, Canada

### TENA® Key Solution

#### TENA® Body Wash & Shampoo

designed to cleanse and condition fragile skin and hair

#64353 (5ml / .17 fl. oz.)  
 #64333 - SF (5ml / .17 fl. oz.)  
 #64363 (500 ml / 16.9 fl. oz.)  
 #64343 - SF  
 (1,000 ml / 33.8 fl. oz.)



#### TENA UltraFlush™ Washcloths

an adult-sized pre-moistened washcloth that is strong enough for personal cleansing but gentle on pipes in the event of accidental flushing

#65726 - 48 count  
 #65727 - 5 count



#### TENA® Stretch Super Brief

maximum protection for nighttime or extended wear, stretch sides and hook fasteners ensure secure fit

#67902 (M/R)  
 #67903 (L/XL)



# Symptoms and Treatments



## Keep an eye on IAD.

Early signs of IAD include redness on the skin, followed by a rash on the buttocks and backs of the legs. Without proper care, the skin can also become crusty with discharge. TENA® Protective Cream with Zinc soothes the affected skin and provides extra protection on delicate skin.

## Maintain skin integrity.

Early detection is key when it comes to IAD. Best practices for your staff include: checking the resident's skin each time an absorbent product is changed, using cleansers designed for perineal care instead of soap and water (which dries out skin), making sure products fit close to the body, and checking wetness indicator lines.

Let TENA® be your guide to the right solutions for individuals and staff.

Call **1.800.510.8023** today or visit [www.tena.ca/english/professionals](http://www.tena.ca/english/professionals)

See back cover for full range of bariatric care solutions by TENA®

### TENA® Key Solution

#### TENA® Pre-Moistened Ultra Washcloths with Aloe

soft pre-moistened wipes for fast, gentle and effective skin cleansing

#65720 - 48 count  
 #65721 - 5 count  
 #65722 - SF - 48 count  
 #65723 - SF - 5 count



#### TENA® Cleansing Cream

3-in-1 formula promotes skin health by gently cleansing, moisturizing and soothing vulnerable skin

#64420 (5ml / .17 fl. oz.)  
 #64405 - SF (5ml / .17 fl. oz.)  
 #64425 (250ml / 8.5 fl. oz.)  
 #64410 - SF (250ml / 8.5 fl. oz.)  
 #64430 (500ml / 16.9 fl. oz.)  
 #64435 (1000ml / 33.8 fl. oz.)  
 #64415 - SF (1000ml / 33.8 fl. oz.)



Together we make a difference